



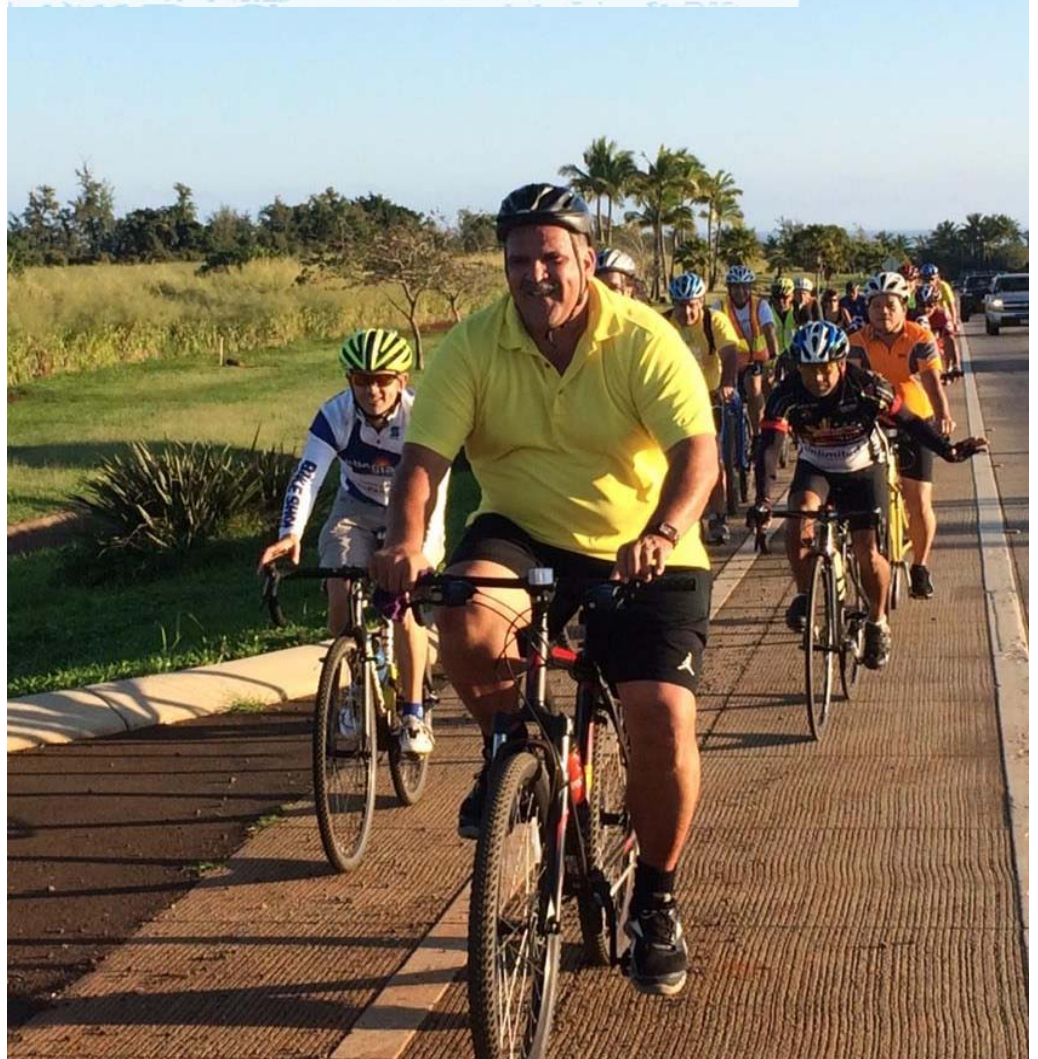
BIKE to WORK DAY 2018

FRIDAY
MAY 18
2018

Celebrate **National Bike Month** with an easy-paced meet up and bicycle commute to the Lihu'e Civic Center. Refreshments will be provided.

Nobody gets left behind! Mahalo to the Kaua'i Police Department for supporting these rides!

For more info or to volunteer, contact 808-639-1018.



LOCATION 1:
Kapa'a Neighborhood Center roll-out at 6:00 AM, about 9.5 miles. See optional pick-up locations along the route.

LOCATION 2:
Puhi Park roll-out at 6:45 AM, 2 Choices; 3 or 5 miles. This is across Kaumuali'i Highway from Kaua'i Community College.

DETAILS AT GETFITKAUAI.COM