COVID-19 & EVALI

(Coronavirus disease 2019 & E-cigarette or Vaping Associated Lung Injury)

**Similarities**

- Shortness of breath or difficulty breathing
- Fatigue/headache
- Fever or chills
- Nausea or vomiting
- Diarrhea
- Muscle or body ache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose

**COVID-19 key signs:**
- Symptoms are usually mild and begin gradually
- If infected, symptoms can appear 2-14 days after exposure
- In adults, emergency warning signs include but are not limited to:
  - Difficulty breathing or shortness of breath
  - Persistent pain or pressure in the chest
  - New confusion or inability to wake
  - Bluish lips or face

**EVALI key signs:**
- History of e-cigarette use
- No known exposure to someone with COVID-19
- EVALI does not have an available test, so careful monitoring of your symptoms, knowing and communicating your exposure to or use of e-cigarettes, and working with your doctor to eliminate other potential illnesses are extremely important

**KEY DIFFERENCES**

COVID-19 and EVALI mimic each other’s symptoms.
What should you look out for?

Sources:
- [https://www.cdc.gov/mmwr/volumes/69/wr/mm6925a5.htm](https://www.cdc.gov/mmwr/volumes/69/wr/mm6925a5.htm)
- [https://hawaiicovid19.com/symptoms/](https://hawaiicovid19.com/symptoms/)

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