Overview of CDS COVID-19 Response

Dr. Holly Manaseri
Dr. Maya Matheis
Sai Denduang
About the Center on Disability Studies

- Research institution
- Within the College of Education at the University of Hawai‘i at Mānoa
- University Center for Excellence in Developmental Disabilities (UCEDD)
- Tri-Agency Partnership
- Training programs, community-based projects, dissemination activities
Funding Source & Target Mission

• Part of a national effort to ensure accessibility of information about COVID-19 vaccinations

• Funded by the Administration for Community Living’s National Institute on Disability, Independent Living, and Rehabilitation Research, award #90DDC50058.
Effects of COVID-19

- Pandemic disproportionately affected people with disabilities:
  - Greater risk for poor COVID-19 outcomes
  - More likely to require hospitalization
  - Reduced access to family/friends, food, transportation, employment, independent living, caring for others, and community participation
Partnerships
Vaccination Clinics

- Clinician on-site
- Coloring
- Noise-blocking ear covers
- Safe-space tents
- Bubble machine
- Rapid home test kits
- Vax ID card covers
- Gas gift cards
As a triagency partnership, the Center on Disability Studies at the University of Hawaii (CDS), the Developmental Disabilities Council of Hawaii (DDC) and the Hawaii Disability Rights Center (HDRC) are partnering with the Bay Clinic to help families and children stay healthy this summer.

We encourage you to continue to mask, practice social distancing and get vaccinated.

Included Here
- KN95 child-sized mask
- Refillable hand sanitizer bottle
- Sticker

Visit our Website!
http://go.hawaii.edu/2yx

This resource is created by funding under ACL of the US HHS, award #90DDC50058.
Pacific Basin UCEDD

Over 1500 rapid home test kits & 1500 KN95 masks

American Samoa, Federated States of Micronesia, Northern Mariana Islands
Projects & Technical Assistance
GETTING THE COVID-19 VACCINE
5 Tips
HELPING CHILDREN AND ADULTS WITH DEVELOPMENTAL DISABILITIES
Sensory Kits

- Fidget toy
- Ear plugs
- Fun Band-Aids
- Hand sanitizing wipe
- Reward stickers
- KN95 mask
- Social story
Tips & Tools for an easy-breezy vaccination experience

Here are some tips and tools to help your keiki have a positive and sensory-friendly experience!

**Tips**

1. **Read a social story** about getting a vaccination with your child several times in advance of your visit. This helps them know what to expect.

2. **Bring a fidget toy** or a phone/tablet and headphones with you to help keep your child occupied. Also bring any comfort items that your child may have.

3. **Do your best to keep a positive and up-beat attitude** throughout the visit. Praise them for waiting and being patient.

4. **Have them pick out a fun band-aid** while they wait their turn.

5. **Discuss a reward** with your child using “if... then...” language. This could be a sticker or a special treat.

6. **Afterwards, praise your child for being brave and hype up the moment. Give them the reward immediately. Hooray!**

**Tools**

**FIRST... THEN...**

Before your visit, help your child choose a reward, such as a sticker or a special snack. Draw a picture of the reward in the second box and show this visual to your child during the visit to remind them while telling them “First the vaccination, then you get _______. Make sure you give them the reward right after the shot!

1. **First**, you will need to wait in your turn and no patient.

2. Then, you will meet the doctor or nurse.

3. You will need to sit on a special band-aid.

4. You can then get a special reward. Way to go!

5. 5, 4, 3, 2, 1... You will feel a quick pinch. That’s all done!

6. You had it! Now you can get your special reward. Way to go!

7. Before you go home, you will need to wait for a few minutes. Nice job!

---

**Social Story**

Read this story with your child before and during your visit. Answer their questions truthfully and reassure them if they are anxious or scared. Social stories are learning tools that help children know what to expect in new situations. You can also make your own at home.

---

**Visit our Website for More Resources**

http://go.hawaii.edu/2lyx

Instagram @hawaiianaccess

---

**About the Partnership**

This resource is created under AIL, the USHHS award #90IDC50098.
**Tips**

1. Read a **social story** about getting a vaccination with your child several times in advance of your visit. This helps them know what to expect.

2. Bring a **fidget toy** or a phone/tablet and headphones with you to help keep your child occupied. Also bring any comfort items that your child may have.

3. Do your best to keep a **positive** and up-beat attitude throughout the visit. **Praise** them for waiting and being patient.

4. Have them pick out a **fun band-aid** while they wait their turn.

5. Discuss a **reward** with your child using "if... then..." language. This could be a **sticker** or a special treat.

6. Afterwards, **praise** your child for being brave and hype up the moment. Give them the **reward** immediately. Hooray!

**Tools**

**FIRST...THEN...**

Before your visit, help your child choose a reward, such as a sticker or a special snack. Draw a picture of the reward in the second box and show this visual to your child during the visit to remind them while telling them, "**First** the vaccination, **then** you get ______!" Make sure you give them the reward right after the shot!
SOCIAL STORY

Read this story with your child before and during your visit. Answer their questions truthfully and reassure them if they are anxious or scared. Social stories are learning tools that help children know what to expect in new situations. You can also make your own at home!

1. The COVID-19 vaccination will keep you healthy, strong, and safe.

2. First, you will need to wait your turn and be patient.

3. Then, you will meet the doctor or nurse.

4. You will need to sit very still like a statue. You can take a deep breath to help.

5. 5...4...3...2...1.... You will feel a quick pinch. Then all done!

6. You can then put on a special band-aid.

7. Hooray! You did it! Now you can get your special reward. Way to go!

8. Before you go home, you will need to wait for a few minutes again. Nicely done!
<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>The vaccine will help you from getting sick.</td>
<td></td>
</tr>
<tr>
<td>Wait your turn.</td>
<td>Wait your turn.</td>
</tr>
<tr>
<td>Meet the doctor or nurse.</td>
<td>Meet the doctor or nurse.</td>
</tr>
<tr>
<td>Roll up your sleeve.</td>
<td>Roll up your sleeve.</td>
</tr>
<tr>
<td>Sit still and take a deep breath.</td>
<td>Sit still and take a deep breath.</td>
</tr>
<tr>
<td>5, 4, 3, 2, 1... All done!</td>
<td>5, 4, 3, 2, 1... All done!</td>
</tr>
<tr>
<td>Get a band aid.</td>
<td>Get a band aid.</td>
</tr>
<tr>
<td>Wait 15 minutes before leaving.</td>
<td>Wait 15 minutes before leaving.</td>
</tr>
</tbody>
</table>
Adaptive Equipment Kits
Additional Resources
COVID-19 Vaccine Access

Project Dates: 4/1/2021 – 9/30/2022

Funded by: Administration for Community Living

About COVID-19 Vaccine Access

The COVID-19 Vaccine Access Project is part of a national effort to ensure that everyone is able to make an informed decision about receiving the COVID-19 vaccine. It aims to ensure that information about the vaccine is available in accessible formats, including plain language, ASL, 'Olelo Hawai'i, and others that are needed in our community. The project also aims to increase access to the vaccination for people with disabilities and other underserved populations by arranging transportation and community access sites.

COVID-19 Vaccine Resources

- COVID-19 Vaccination Social Story (CDS PDF)
- COVID-19 Vaccination Social Story for Children (CDS PDF)
- Getting The COVID Vaccine: 5 Tips for Helping Children and Adults with Developmental Disabilities (CDS Video)

Links to CDS resources in multiple languages as well as external resources.

Project Website

http://go.hawaii.edu/Zyx
Instagram

@hawaiivaccineaccess
MULTILINGUAL COVID-19 RESOURCES

Follow the link below to see Hawai‘i Department of Health’s translated resources in your languages!

http://go.hawaii.edu/x5P

LANGUAGES INCLUDED

MYTH

COVID-19 vaccines will affect my fertility.

FACT

Currently no evidence shows that any vaccines, including COVID-19 vaccines, cause fertility problems (problems trying to get pregnant) in women or men.
SCHOOL MASK UPDATE

Effective Aug 1, 2022, indoor and outdoor masking is optional in Hawaii’s public schools. However, students are strongly encouraged to wear masks indoors when community levels are medium or high. Levels are currently medium.
Long covid and disability

Following the coronavirus pandemic, millions of people are suffering from its long-term effects, or long covid/post-covid conditions.

Often referred to as “long haulers,” people who suffer from long covid can experience symptoms such as chronic fatigue, shortness of breath, confusion and memory loss, erratic and racing heartbeats, radical spikes in blood pressure, painful rashes, shooting pains and gastrointestinal problems.

Some long haulers may not show visible signs of what is commonly considered a disability. However, lives of many long haulers have changed dramatically. Some remain unable to rejoin the workforce or lead their lives as usual.
The Americans With Disabilities Act (ADA) broadly defines a disabled as anyone who has a physical or mental impairment that substantially limits one or more major life activities.

In 2021, 31 years after the ADA was written, the Biden administration announced that long covid could be considered a disability under the civil rights law.

"People don’t know that they are disabled. If I hadn’t lived this myself, I wouldn’t believe it — that it’s possible to be disabled and not know it."

Dawn Gibson
Founder of “Spoonie Chat” for people with invisible disabilities

Read the full articles:
How long covid could change the way we think about disability
http://go.hawaii.edu/xLD

Long covid is destroying careers, leaving economic distress in its wake
http://go.hawaii.edu/lLx

Follow SpoonieChat:
https://twitter.com/DawnMGibson
1. Keep it simple

Stick to short, simple words and sentences when you can. It’s best to avoid metaphors and figures of speech.

TALKING TO PATIENTS with intellectual and developmental disabilities ABOUT COVID-19
Why use a *plain language*?

- Everyone can use information easier and more quickly.
- It gives the reader power to find information.
- It is easier to translate documents into another language.
Contact Us

Website: http://go.hawaii.edu/Zyx

Instagram: @hawaiivaccineaccess

hmanaser@hawaii.edu

mmatheis@hawaii.edu